

VISITING THE CHAPEL OF REST

I am going to visit the Chapel of Rest.

The Chapel of Rest is a room where _____ is staying until the funeral. It will give me the chance to say goodbye to them and to see them one last time.

When I get there, I will meet a person who works there. I can say hello if I want to. They will take me to the chapel. When I go in, the chapel will be very quiet.

There is a little room with seats where I can wait before I go in. It looks like this:



When I am ready, the person who works there will knock on the door and take me into the chapel. It looks like this:



_____ will be in a coffin. It may look a bit like this:



I can talk to them and touch them. They will feel cold but will look like they are sleeping.

I may feel lots of different feelings:



sad



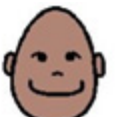
confused



frustrated



angry



calm

I may not feel anything at all. It is ok to have lots of emotions, or to feel nothing at all.

I can stay in the room for as long as I need.